

NEWS FROM PHYSICAL EDUCATION

Dear Parent/Guardian,

Welcome to #19 School! I am looking forward to working with your child on many aspects of Physical Education. With your help I know we will get off to a great start!

City School District and #19 School policy requires all students to wear sneakers and shorts when participating in the Physical Education program. This is for the health and safety of all children.

Rubber soled dress shoes/boots and warm-up suits/sweat pants should NOT be worn. Sneakers must be properly laced and tied. In the past, there have been injuries due to loose or untied sneakers. Please place your child's sneakers in their book bag when they wear other shoes/boots to school so they will be ready to participate.

Your child has Physical Education class on the following days:

A – DAY B – DAY C – DAY D – DAY

Shorts should be worn under uniform pants, skirts and jumpers on the above days. Girls may wear skorts if the skirt allows full movement of their legs. Uniform shorts can also be worn for class. In order to keep your child's uniform shirt/blouse clean and sweat free, some students prefer to wear non-uniform T-shirts underneath. Their uniform can be removed and placed in their classroom during Physical Education class.

If your child will miss two or more classes due to injury or illness, please have their doctor write a note stating the dates and reasons your child will be out of class. After your child has been rechecked by their doctor, please have them write a note stating your child may return to full participation. If you have any questions, please call me at 328-7454.

Sincerely,

Mrs. Hancock- Physical Educator